NYU STEINHARDT

Intervening for Critical Consciousness: Examining the Potential of Promoting Self-Efficacy in Urban Youth through a Youth Leadership Program Pilot Department of Applied Psychology Corianna E. Sichel,¹ Shabnam Javdani,¹ Stephanie Ueberall,² Roberta Liggett³

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¹New York University, ²Citizens Crime Commission of New York City, ³Michigan State University

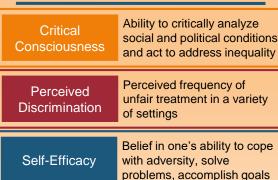
INTRODUCTION

 The E-Responder Youth Leadership Program (YLP) was developed in response to reports from the community that online provocations were escalating in to in-person gun violence among youth at risk for gang involvement in New York Citv

•The YLP is a strengths-based, sociopolitically-informed, 24-lesson curriculum that addresses emotional expression, power and oppression, critical consumption of content, and activism (Linehan, 1993; Nelson-Gray et al., 2006; Watts, Williams & Jagers, 2003)

• Preliminary results from a pilot implementation support the YLP's effectiveness in preventing violence and increasing youths' pro-social behavior (Sichel, Javdani, Ueberall & Liggett, in press)

·However, little is known about the relation between critical consciousness and longterm wellbeing, or implications of sociopolitical interventions for the ways in which youth perceive society and social interactions, or their long-term wellbeing THEORETICAL FRAMEWORK





•The YLP was implemented by Violence Prevention Professionals (VPPs) via a quasiexperimental, naturalistic, pilot in four sites in New York City (1 school, 3 community organizations). A fifth site served as a control **METHODS & MATERIALS**

E-RESPONDER YLP

 Implementation of the 12-week YLP curriculum took place during six months in 2016; data were collected at three time points: immediately before, immediately after, and sixmonths post-intervention

DESIGN

 Secondary analysis of de-identified quantitative survey data and focus groups transcripts from 12 groups (6 with staff, 6 with youth)

•Participants: 81 NYC Youth (YLP, n=70; Control, n=11), and group facilitators

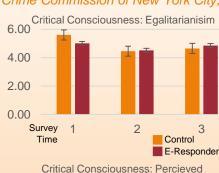
MEASURES

Critical Consciousness Scale: sub-scales address perceived inequality and endorsement of egalitarian ideals; 13 items, six-point Likert, "strongly disagree" to "strongly agree" (Diemer, Rapa, Park, & Perry, 2017)

Perceived Discrimination: addresses

frequency of perceived discrimination (general) across five settings: school, playground, while shopping, on the street, and in a public setting; five-point Likert, "never" to "almost daily"

General Self-Efficacy Scale: statements address one's perceived ability to cope and solve problems; 10-items, four-point Likert, "not at all true" to "exactly true" (Schwarzer & Jerusalem, 1995)





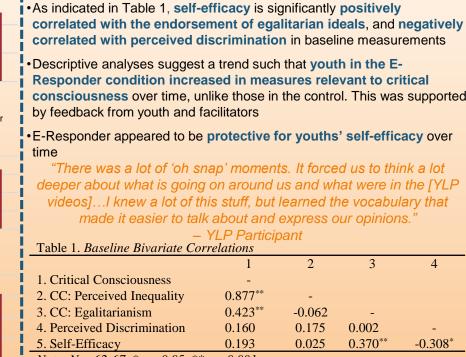
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Self-Efficacy

"Every class it felt like we had a new break through with one of the kids. things [before], and the YLP provided the space and examples they needed to get it started."

- YLP Facilitator





Note: N = 62-67. **p* < 0.05, ***p* < 0.001.

DISCUSSION

• Exploratory analyses support E-Responder as an intervention that increases critical consciousness, and protects against long-term depreciations of self-esteem

•The negative correlation between perceived discrimination and selfefficacy may reflect the harmful consequences of experiencing stigma

•The positive association between egalitarianism and self-efficacy may be related to the activating force of egalitarian views

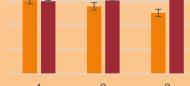
There was no space to talk about these • Limitations of the current study include size/power; future implementations should make use of larger control groups so as to allow for better comparisons CONTACT

> Corianna E. Sichel: corianna.sichel@nyu.edu Shabnam Javdani: shabnam.javdani@nyu.edu









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